



Long Island Pranic Healers

— DIVINE PURPOSE ONE PROJECT AT A TIME —

PROJECT ONENESS

It's all about actually acting out the goodness!

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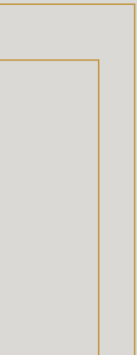
VISION 2024





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INTRODUCTION



Long Island Pranic Healers is a nonprofit organization dedicated to fostering health and well-being through various alternative medicine modalities, including Pranic Healing, acupuncture and herbal medicine. Serving the diverse community of New York, our organization is committed to providing accessible and comprehensive holistic healthcare along with education opportunities.

Our mission is to empower individuals of all ages to achieve optimal health and vitality by addressing the physical, emotional, and spiritual aspects of wellness. In addition to offering healing sessions and workshops in alternative medicine modalities, we are proud to support children's food programs for charity, ensuring that every child has access to nutritious meals and the opportunity to thrive.

At LIPH, we believe in the power of community and collaboration. Our team of skilled practitioners and volunteers is dedicated to creating a supportive and nurturing environment where individuals can explore holistic healing modalities, learn practical self-care techniques, and connect with like-minded individuals on a journey toward wellness.

Whether you are seeking relief from pain, stress, or chronic health conditions, or simply looking to enhance your overall well-being, we invite you to join us in embracing a holistic approach to health and healing. Together, let us cultivate a healthier, happier, and more compassionate world for ourselves and future generations.

For more information about our center, upcoming events, or how to support our children's food programs for charity, please visit our website or contact us directly. We look forward to serving you and supporting you on your path to wellness.

1. PRANIC HEALING

Pranic Healing is a holistic system of energy healing developed by **Grandmaster Choa Kok Sui** that utilizes the life force or energy known as “prana” to promote physical, emotional, and spiritual well-being. Here’s an explanation of some key aspects of Pranic Healing:

1. **Energy Anatomy:** Pranic Healing recognizes the existence of an energy body that interpenetrates and extends beyond the physical body. This energy body consists of energy centers called chakras and energy channels known as meridians. These energy centers and channels play a crucial role in maintaining health and vitality.

2. **Prana:** Prana is the vital life force that sustains all living beings. In Pranic Healing, it is understood that prana permeates everything and influences the state of health and well-being. Prana can be absorbed, distributed, and utilized for healing purposes through specific techniques.

3. **Techniques:** Pranic Healing employs a variety of techniques to manipulate prana and remove energetic blockages that contribute to physical ailments, emotional disturbances, and psychological imbalances. These techniques include energy scanning, cleansing, energizing, and stabilizing the energy body to restore balance and harmony.

4. **Self-Healing:** Pranic Healing teaches individuals how to harness their innate ability to heal themselves by applying simple and effective energy healing techniques. Through self-awareness and practice, individuals can learn to identify energetic imbalances within themselves and apply Pranic Healing techniques to promote self-healing and well-being.

5. **Distance Healing:** One of the unique aspects of Pranic Healing is its ability to perform healing treatments remotely or at a distance. Practitioners are trained to project healing energy to individuals who are physically distant, allowing for healing to occur regardless of location.

6. **Complementary Approach:** Pranic Healing is often used as a complementary therapy alongside conventional medical treatments and practices. It does not replace medical intervention but can enhance the healing process by addressing energetic imbalances and promoting overall wellness.

7. **Education and Training:** Pranic Healing offers structured education and training programs for individuals interested in learning the principles and techniques of energy healing. Courses range from introductory workshops to advanced training programs, providing comprehensive instruction in Pranic Healing theory and practice.

Overall, Pranic Healing offers a holistic approach to health and healing that emphasizes the interconnectedness of the physical, emotional, and energetic aspects of the human experience. By working with the body’s natural energy system, Pranic Healing seeks to restore balance, promote vitality, and support the body’s innate capacity for self-healing and well-being.

2. MISSION STATEMENT

"At our nonprofit, we are driven by the belief that everyone deserves access to effective, holistic healing modalities. Through our commitment to Pranic Healing education, research, and outreach, we aim to empower individuals to tap into their innate healing abilities and achieve optimal health and wellness. Together, we are building a community of compassionate healers and seekers dedicated to creating positive change in the world, one energy healing session at a time."



MCKS

"Giving is connected to the heart; it is connected with love. When you love, when you give and share, you will have prosperity."

3. MEET THE TEAM



WENDY SHULMAN

President

Wendy Shulman is the entrepreneurial spirit and owner of Roslyn Salt Cave, with a robust career spanning over 35 years in hospitality. Wendy has honed her expertise in developing and refining wellness concepts.

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EVELINA BADALOV

President

Evelina Badalov is a dedicated and experienced PA with 18+ years of professional experience and a skilled Pranic Healer. In addition to her medical background, Evelina is a dedicated student with focus on functional medicine, aiming to help both children and adults achieve optimal health.

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MARIA SANTIAGO

President

Maria Santiago is Junior Ambassador to United Nations and is a well known humanitarian who won an award from The President of United States of America in 2022. She is the Director of Westbury & Carle Place Chamber of Commerce and sits on the Westbury Business District Board as well as the Westbury Senior Centre Board. Maria is also the founder and President of Home Health Training Institute. She is an active Philanthropist and a Pranic Healer.

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MEET THE TEAM



RACHELLE BOJER
Vice President

Rachelle Bojer is the owner of Lotus Physical Therapy, a pelvic floor physical therapy practice with multiple offices across Long Island. Rachelle has been studying Pranic Healing as a complement to her holistic physical therapy practice.

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CARMEN PENA
Vice President

Carmen is a skilled Pranic Healer and a big hearted philanthropist. She loves children and works to support all kinds of charity programs.

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JENNIFER WONDSEL
Treasurer

I was introduced to Pranic Healing in 2020 to help me through grief and beat infertility. Over time it has aided me on my spiritual journey, allowing me to have a deeper understanding of myself and others.

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MEET THE TEAM



NICOLE OKNIN

Secretary & Event Coordinator

Nicole Oknin, a former high school English teacher and volleyball coach of eleven years, has transitioned to holistic practices with a focus on helping children. As she completes certifications in Pranic Healing and Ayurveda, Nicole guides individuals, children, through breathwork classes and healing sessions, fostering self-discovery and holistic growth for all ages.

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RHONDA GORDON

Secretary & Compliance

Rhonda is a School Psychologist for over 25 years and student of Pranic Healing with the Disciples of Grandmaster Choa Kok Sui. She has a Master of Science in Education and a Master of Arts in Special and General Education. Bachelor of Arts degree conferred in English and Sociology.

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MARCO A. IMPERIALE

Secretary & Compliance

Marco A. Imperiale, MHA, is a healthcare administrator with a focus on medical practice administration for the last 10 years. He developed a strong interest in spiritual development early on and has completed various trainings over the years, such as a 200hr RYT, 220hr KRI Level 1 Kundalini Yoga teacher.

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MEET THE TEAM



DANIELLA NILI
Director of Programs

Daniella Nili received a bachelor's degree from New York University and a Master's degree in Speech-Language Pathology from Queens College. She is passionate about educating people and frequently serves as a resource to individuals whose children have been newly diagnosed with autoimmune disorders.

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VICTORIA GRINMAN
Marketing & Media Coordinator

Dr. Grinman is a NY based psychotherapist and coach with more than 17+ years of experience working and collaborating with people of all life stages a, circumstances and organizations all over the world. She is also a Pranic Healer.

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KIMBERLY VALLI
Social Media Strategist & Event Coordinator

Kimberly is a certified Transformative breathwork facilitator, senior Pranic Healer, social media strategist, Sound healer, Young Living distributor, and a Nutritionist. I strongly believe in the power and joy of giving.

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4. SHOWCASE



1. FLIGHT TO NORTH POLE WITH DELTA AIRLINES

In December 2023, Roslyn Salt Cave and Delta Airlines at LaGuardia Airport teamed up for an unforgettable "Fantasy Flight to the North Pole," a special event for children with special needs.

The event saw 55 delighted children and 60 accompanying adults embark on a magical journey, complete with passports and North Pole boarding passes. Upon check-in by the flight crew, the plane was towed to a festively decorated hangar, where Santa, Mrs. Claus, the Grinch, gingerbread men, and elves awaited to surprise the young passengers.

Throughout the flight, the children and their caregivers enjoyed a variety of food, snacks, and received Christmas gifts, filling the airport with joy and festive cheer. Witnessing the children's sheer joy, many experiencing flight for the first time, was an unforgettable gift to all involved.

Our ambition is to double this joy by organizing two such flights in 2024. Your support can help us extend this magical experience to more children, spreading happiness and creating lifetime memories. Join us in bringing this extraordinary adventure to life once again.



2. CHILDREN'S ORPHANGE



Meet Caroline Maphosa, the beacon of hope behind the Chiedza Foster Home. From her humble beginnings in Zimbabwe to her invaluable work in South Africa, Caroline has turned compassion into action by creating a sanctuary for children who have been abandoned and abused.

The name "**Chiedza**" means "light" in Shona, and Caroline's mission has been to bring light into the lives of every child she welcomes—22 foster children plus her own four, all loved equally. However, her vision extends beyond the current walls of Chiedza. Caroline dreams of building a larger home to provide more children with a refuge from life's storms, offering them a chance at a better future.

How You Can Be a Part of This Journey:

1. Support Their Education:

Your donations can contribute to an annual scholarship fund, ensuring these resilient children receive the education they deserve, lighting a path toward a brighter future.

2. Foster Mental Well-Being:

Help us fund monthly outings to parks and playgrounds, offering these children a chance to play, explore, and just be kids in a safe environment.

3. Address Medical Needs:

Assist us in providing essential medical care, medications, and specialized schooling for children with medical conditions, allowing them to live healthier and fuller lives.

4. Enhance Nutrition:


With your help, we can introduce protein and fruit into their diets, combatting malnutrition and nurturing their growth with nutritious meals.

Caroline's dedication reminds us that it takes a village to raise a child. Today, you have the opportunity to join that village. Your support for the Chiedza Foster Home can turn Caroline's dream into a reality and transform the lives of these remarkable children.

Every child deserves a sanctuary, a place to feel safe, loved, and nourished. With your donation, we can ensure that more children find a haven in Chiedza. Together, we can create a larger home where even more young hearts can find solace and opportunity.



3. GATEWAY TO WELLNESS; DISCOVER THE POWER OF ALTERNATE HEALING



"Gateway to Wellness" invites you on an enlightening journey into the realm of alternative healing. This event is designed to reveal the powerful transformations possible through diverse healing modalities, providing a rare chance for personal exploration and education. Attendees will have the opportunity to engage with experts, participate in workshops, and discover practices that pave the way to holistic health. Embrace this invitation to enhance your well-being and live in harmony with your mind, body, and spirit.

4. HEALING AFTERNOON FOR KIDS

"Kids' Wellness Adventure: Exploring Alternative Healing"

These heartwarming events are designed specifically for young minds and bodies.

Children will be introduced to the gentle power of alternative healing modalities, such as yoga, meditation and Pranic Healing in a fun and engaging way.

Through interactive sessions and playful activities, kids will learn valuable tools for self-care and emotional regulation, fostering a lifelong journey of health and harmony.



5. HEALING EVENINGS FOR VETERANS & WAR HEROES



"Heroes' Healing Path: Alternative Therapies for Veterans" offers an event for veterans and war heroes to explore and experience the healing power of alternative therapies.

This specialized event is dedicated to introducing effective, non-traditional healing modalities tailored to the unique needs of those who have served. From mindfulness and meditation to acupuncture and Pranic Healing, veterans will discover new avenues to physical and emotional well-being.

Join us in embracing a journey of recovery and resilience, honoring our heroes with the gift of holistic health.



PICTURES FROM PAST EVENTS



PICTURES FROM PAST EVENTS



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PICTURES FROM PAST EVENTS



PICTURES FROM PAST EVENTS



6. VISION 2025

A Beacon of Hope and Healing

As we look towards 2025, our nonprofit organization is on a transformative journey to become a sanctuary of support and healing for those in greatest need. At the heart of our mission is the expansion of our cherished small orphanage in South Africa into a larger home, creating a nurturing environment for more children with special needs. Here, every child will find not just shelter and care, but a family that champions their potential and dreams.

Beyond our walls, we are committed to addressing the pressing issue of child hunger, ensuring that every young heart in our community receives the nourishment they need to thrive. Our vision encompasses a world where no child goes to bed hungry, and every meal is a step towards a healthier, brighter future.

Recognizing the sacrifices of our war veterans, we pledge to extend our hands in support, offering them pathways to healing through holistic and alternative modalities. From the scars of battle to the wounds of sexual trauma, our programs will offer solace and strength, empowering individuals to reclaim their lives from the shadows of trauma and anxiety.

By 2025, we envision a vibrant network of support, connecting those affected by life's harshest battles with the resources and care they need to heal. Our workshops, therapy sessions, and community activities will not only address physical needs but will foster emotional and spiritual well-being, guiding our beneficiaries on a journey towards healing and hope.

To achieve this vision, we need your help. Your generosity can light up lives, transform futures, and sow the seeds of change in these communities. Together, we can build a haven of healing and hope, where every individual—child, veteran, survivor—discovers the strength within to move forward with confidence and joy.

Join us in making this vision a reality. Support our mission today, and be a part of a brighter, more compassionate tomorrow. Your contribution, no matter the size, is a step towards a world where healing and hope flourish.

Together, we can turn visions into victories and by doing so, receive additional Karmic Blessings.

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donate@liphusa.com



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